

January 2025



Parikrma
Humanity
Foundation

Parikrma Festival of Science 2025



The **Parikrma Festival of Science** saw 300 children from 30 different schools at the Manipal Academy for Higher Education learn the "Science of Happiness."

We delved into the scientific foundations of well-being. The children were treated to insightful talks on neuroscience, positive psychology, lifestyle choices, and social factors by eminent scientists, psychologists, doctors, and animal behaviour experts:

We thank all our eminent speakers:

- Dr Jonas S Sundarakumar, a National Board-certified Psychiatrist and accomplished researcher specialising in dementia and ageing
- Dr Bhaskar Shenoy, a renowned paediatrician and expert in infectious diseases
- Dr Sai Kirithi Kamath, a consultant clinical child psychologist
- Sindhor Pargal, a canine behaviour consultant, myotherapist, and independent ethology researcher, founder and director of BHARCS
- Dr Nishant Srinivasaiah, an elephant biologist specialising in the behavioural ecology of Asian elephants within human-dominated landscape
- Venerable Thubten Kalden, an Indian monk who received ordination from His Holiness the 14th Dalai Lama in 2008.
- Raj Mariwala, Director, MHI, Mariwala Health Initiative. Raj is a practising canine, feline behaviourist, and board member of the National Centre for Promotion of Employment for Disabled People.

We were honoured to have the senior architect at Synopsys, **Chandrashekar BU**, come and inaugurate the Festival. This is the 11th year that **Synopsys** has supported us in bringing this unique Science exploration to thousands of children of all economic categories. This long-term CSR support to see excellent outcomes is uncommon, and we thank Synopsys for this partnership.

We thank our supporters and host, the Manipal Academy of Higher Education, and our supporters, the Centre for Brain Research, National Centre for Biological Sciences, NCBS.

Market Readiness Program



We kicked off this year with several interactions and competitions held as part of our Market Readiness Program for our college students. Speakers included Dheeraj Shetty, a well-known investment consultant, and Pratap Reddy, an Ex-Director General of Police.

Intergenerational Programs



Our students have been spending time with the women at Sandhya Suraksha, a shelter for elderly and disadvantaged women. The intergenerational programs at our schools ensure our students visit the shelter once a week, and the impact of their interactions is evident on both sides of the spectrum.

Exchange Program

The UW (University of Washington) Grand Challenges Impact Lab team visited Parikrma schools and interacted with the children. In the team's words, "Meeting the students was the highlight of our day. Their enthusiasm, intelligence, and unique perspectives left us in awe. Each child had something incredible to share. And their energy reminded us of the importance of keeping our curiosity alive. Truly, it was a day to cherish and learn from."



Donate in [Indian Rupees](#)

Donate in [Dollars](#)



[Forward to Friend](#)