



WELCOME TO OUR

# Monthly Newsletter



## STORY OF THE MONTH

Our students at the Global Youth Leadership Summit 2025 in San Diego - Youth in Policy and Diplomacy - a leadership course fostering #LocalToGlobal - youth that advocate and care about the global goals...



In this newsletter you will find:

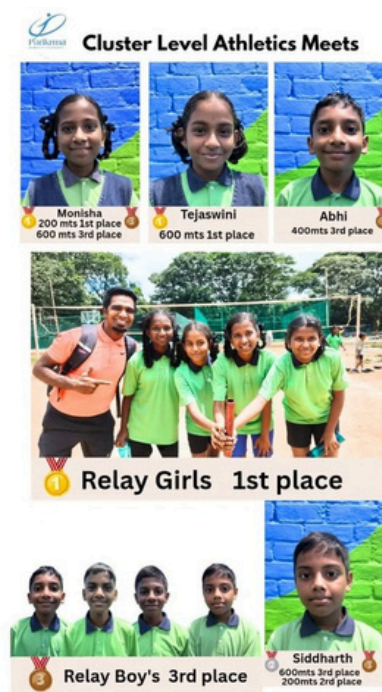
OUR KEY STORIES, ACHIEVEMENTS, NOTICES, THANK YOU'S, AND MORE!



## ComeBack program

Meet Johnson of Parikrma 2019 batch. He could not pass his PUC II year because of his family challenges. He had to start work to support his family. Today, he plays football in the Parikrma Boys FC and is a football coach in an international school. But we kept encouraging him to sit for his PUC exams and guided him through. He made several attempts and has finally passed all his exams after 6 years of hard work, tremendous determination, grit and constant encouragement from our teacher Mallinath, who is in charge of the #ComeBack program.

## Meet our winners!







## THANK YOU!

Our very first international volunteer, Jill Hellemans, first volunteered at Parikrma almost two decades ago. This year, she came back to Parikrma with her Akka Project, which aims to foster connections between mothers and teenagers through meaningful volunteer opportunities at Parikrma.

"Our mission is to empower mothers and teens to engage in proactive community involvement, sharing a unique volunteering experience that fosters personal growth and social responsibility. Through their journey, mothers and teens will build lasting connections, becoming 'akka' (big sister) figures and making a positive impact at Parikrma Humanity Foundation," explains Jill on the [website](#).

A big shout-out to Jill and her team for their ongoing support and interactions with our children.



## Learning Across Borders



**Polly Francis** ✓ · 3rd+  
Therapeutic Trainer and Outreach Practitioner, The Mulberry Bush ✨  
16h · 🌐

Two very different trainings - one shared focus ✨

This week, I have had the privilege of delivering two very different training sessions. I started the week working with residential care staff in the South of England, and have ended my week supporting teachers and psychologists in India at [Parikrma Humanity Foundation](#) 🌐

Two groups operating in very different contexts, yet both deeply committed to the wellbeing of the children and young people they support.

What stood out for me in both sessions was the practitioners' ambitious and dedicated care, and their clear understanding of how relationships create safety and belonging, a foundation that's pivotal for any meaningful support.

For me, it's a reminder that no matter where we are in the world, the heart of good practice remains the same: connection, compassion, and commitment 🌱



# STORIES OF TRANSFORMATION!



When Sumanpriya joined NIOS in Grade 8, she carried the weight of disappointment from not performing well in mainstream academics. But at Parikrma Next Step Centre for Learning, a new chapter began—one filled with hope, fresh opportunities, and subjects like English, Data Entry, Home Science, Business Studies, and Painting. These subjects not only felt achievable, they sparked her curiosity.

Surrounded by motivating and approachable teachers who taught in ways that truly connected with her, Suman's attitude towards academics transformed. For the first time, she found herself looking forward to learning.

Her journey since then has been nothing short of inspiring. Not only did she secure First Position in the Parikrma NIOS Senior Secondary Board Examination held in April 2025, but she also shone brightly outside the classroom.

Her love for nature led her to train as a Nature Guide at The Naturalist School, eventually becoming our very own in-house guide. She even had the honour of being among the first group of guides to lead a tour during the recently held Cubbon Park Sundays event.

Creativity has also been a constant in Suman's journey. Her short film Garbage, a heartfelt script she wrote, was recognised at the Rotary International Film Festival, where she was awarded a cash prize of ₹5,000—an acknowledgement of her ability to tell stories that matter. Today, Suman works at a clinic while standing at an important crossroads in her life. She is thoughtfully considering whether to pursue a Bachelor's in Hotel Management at The TAJ Group or a B.A. in Psychology from Loyola College.

From a girl uncertain of her academic future to a confident young woman whose achievements inspire others, Sumanpriya's story is one of resilience, self-discovery, and the courage to dream. At Parikrma NSCL, we take immense pride in her journey—one that has created moments we will always cherish.

[PARIKRMAFOUNDATION.ORG](https://parikrmafoundation.org)



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